DAILY PLANNER

NATURE'S BOUNTY

CRONOGRAMA

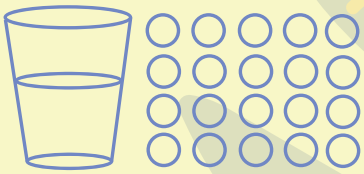
TIEMPO	ACTIVIDAD

FECHA

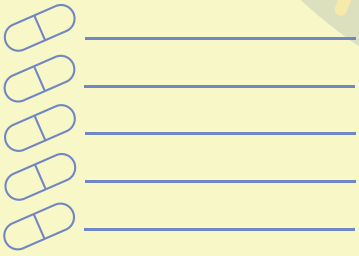
L M M J V S D

ESTADO DE ÁNIMO

VASOS DE AGUA



SUPLEMENTOS



FECHAS ESPECIALES

NOTAS